

# OLSEM WANEM YUMI INAP WINIM SINPASIN

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## ***ROT BILONG WINIM PAIT WANTAIM SIN NA TINGTING NOGUT<sup>1</sup>***

**TOK I GO PAS:** Mi bin raitim dispela pepa long helpim yumi long winim sinpasin. Tasol, nambawan samting yu mas save em i olsem: Sapos yu no bin tanim bel pinis na kisim nupela laip, dispela tok mi mekim i no inap helpim yu long winim sin. Nogat tru! Yu mas kamap Kristen tru pastaim bipo yu inap winim sin.

Tasol, sapos yu bin kisim pinis laip i stap gut oltaim oltaim, orait ating dispela toksave bai helpim yu, sapos yu bihainim olgeta tok. Olsem na tu dispela tok bai helpim yu long sanap strong na winim kainkain sinpasin i save bagarapim laip bilong yu!

1. **ABRUSIM OLGETA MANMERI, OLGETA PLES, NA OLGETA SAMTING I SAVE PULIM YU LONG MEKIM SIN** - **Sng. 1:1; Snd 1:10; 4:14-17; I Ko. 15:33**
2. **BOSIM TINGTING BILONG YU** - **Snd. 4:23; 23:7; Mt. 15:19; 2 Ko. 10:3-5; Fl. 4:8**
3. **YU NO KEN TING OLGETA LAIK BILONG MEKIM SIN I BIN GO PINIS TAIM YU BIN TANIM BEL. NOGAT. NA TU, NO KEN TING TAIM YU BIN BETEN LONG GOD NA ASKIM EM LONG RAUSIM LAIK BILONG MEKIM SIN I STAP INSAIT YU LAIK BILONG MEKIM SIN I BIN GO PINIS. NOGAT.** - **Ga. 6:7** em i tok:  
*Wanem kain samting yu bin planim, yu bai kisim.*
4. **YU MAS SAVE, STREPELA NA GUTPELA PASIN I NO KAMAP NATING. NOGAT! YU MAS WOK STRONG LONG KAMAPIM GUTPELA PASIN** - **I Ti. 4:7.**  
"Yu mas lain gut long pasin bilong God." As bilong dispela tok "lain gut" i gat mining olsem "exercise," "discipline," or "training" long tok Inglis. "Lain gut" long tok Grik em "*gumnazo*." Taim yu tanim dispela tok Grik i olsem "*Gymnasium*" (ples bilong mekim hat wok long strongim bodi). Ating yu save, sapos yu laik kamap strongpela man, yu mas wok strong, na taitim bun, na apim planti hevipela samting. Olsem na i olsem long sait bilong spirit!
5. **TASOL YU MAS SAVE, AS BILONG KISIM STRONG BILONG MEKIM GUTPELA PASIN NA WINIM SIN, I NO LONG YU YET!** Yu no gat strong inap long winim sinpasin - **Ga. 3:3** "*Yupela i kamap longlong pinis, a? Yupela i bin statim wokabaut bilong yupela long strong bilong Holi Spirit, na nau yupela i laik pinisim long strong bilong yupela yet?*" **Ansa: Nogat Tru!**
6. **AS BILONG STRONG LONG WINIM SINPASIN I STAP INSAIT YUMI EM I KAM LONG GOD TASOL!** - **Fl. 2:12-13.** (Pisin Baibel i no klia tumas long las hap long ves 12. Harim: I no gat mining olsem yumi mas mekim kain kain gutpela wok long kisim laip i stap gut oltaim oltaim. **Nogat tru!** Mining tru long dispela ves i olsem: Sapos yu bin tanim bel pinis na God i bin givim yu nupela laip, orait soim olgeta manmeri dispela i bin kamap long yu long gutpela pasin yu bai mekim).

Lain 13 em i skulim yumi olsem: as bilong **laik bilong mekim gutpela pasin na strong bilong mekim gutpela pasin**, tupela i kamaut long God tasol!

Yu mas tok nogat long sinpasin. Na taim yu tok olsem, God bai givim strong long yu long

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<sup>1</sup> Mike Edwards, em man husat i bin raitim dispela pas. Sapos yu ken ritim tok Inglis, na yu laik painimaut moa long toksave i stap insait long Baibel bilong winim sin, ating em gutpela yu bai kisim na ritim ol dispela buk: 1)"*The Pursuit of Holiness*," by Jerry Bridges. NavPress, 2)"*Christ & Your Problems*," & "*Godliness Through Discipline*," both by Jay Adams & 3)"*Changing Your Thought Patterns*," by George Sanchez, NavPress. - 3 June, 1996, na stretim liklik long Jun, 2022.

winim sinpasin! Tasol yu mas save gut long dispela: God em i no inap tok nogat long sinpasin. Nogat. Yu tasol mas tok "Nogat," taim sin i laik pulim yu. Olsem na taim yu mekim olsem, God bai givim strong long yu! Long ves 13, dispela hap tok "wok strong" long tok Grik em i "*Energema*." Ol i tanim dispela tok long tok Inglis olsem: "**Energy!**" Ating yu save? As bilong "energy" o strong bilong winim sin i kam long God yet!

Mi liak givim wanpela tok piksa long yu: Sapos haus bilong yu i gat pawa na lait i stap, pawa bilong onim dispela lait i stap we? Long ples bilong wokim pawa (e.g. Yonki). Olsem na planti pawa tumas i stap baksait long dispela swis insait haus bilong yu. Tasol lait i no inap wok, sapos yu no tanim swis. Yu save, swis yet, i no gat pawa. Tasol pawa i no inap kam insait lait, sapos yu no tanim swis. Orait, i olsem long laip bilong yumi taim yumi pait wantaim sinpasin. God em i olsem as bilong pawa, na yumi ol man i stap olsem swis. Taim sin i laik pulim yu, yu mas tok "Nogat" (i olsem tanim swis). Olsem na taim yu tok "nogat" pawa bilong daunim sin, God bai givim yu (olsem pawa i ran i go long lait).

7. **YU MAS MEKIM TUPELA SAMPTING: RAUSIM OL PASIN NOGUT NA PUTIM NUPELA PASIN WANTAIM!** - **Ef. 4:22-28; Kl. 3:8-14.** Sapos yu rausim sin tasol, bihain ating yu bai go bek na mekim dispela sin gen! Em i gutpela yu gat laik long rausim sin. Tasol sapos yu no putim sampela gutpela pasin long ples dispela sinpasin i bin stap bipo, ating bai yu go bek na mekim dispela sin gen. Ol i kolim dispela samting long tok Inglis "The principle of **REPLACEMENT**" o **SENISIM**.

**Mi laik givim wanpela tok piksa:** Sapos pasin bilong wanpela haiden man i olsem: Em i save spak long olgeta Fraide nait. Tasol bihain em i bin tanim bel! Orait i gutpela i gat laik long lusim dispela sinpasin. Tasol, sapos em i sindaun nating olgeta Fraide nait, ating em bai tingting planti long bia na bihain em bai go bek na mekim dispela sinpasin gen, long wane mem i no gat narapela gutpela samting long kisim ples bilong en. Em i mobeta sapos em i putim narapela gutpela pasin long laip bilong em long Fraide nait, olsem sios felosip, o samting olsem. Olsem na bihain taim dispela sinpasin i laik pulim em, em i no save pundaun, long wanem, em i gat narapela gutpela pasin em i save mekim pinis.

**Narapela tok piksa:** Sapos wanpela Kristen i bin rausim olgeta rabis musik bilong em, Em i gutpela. Tasol em i mas painim na kisim sampela nupela gutpela musik long kisim ples bilong dispela rabis musik i bin harim bipo. Sapos i no mekim olsem, ating bihain liklik taim, dispela man o meri bai go bek na baim na harim pipia musik gen!

**Mi laik givim wanpela tok bokis:** Sapos sampela manmeri i bin kukim gras long sait bilong wanpela mauten, tasol sapos bikpela ren tumas i pundaun long dispela mauten, wanem samting bai kamap? Ating wara i save wok long rausim ol gutpela graun na wokim baret. Olsem na sapos yu laik stretim dispela maunten, yu mas mekim tupela samting wantaim: **1)** Paslain yu mas wokim wanpela banis wantaim diwai na lip samting na putim insait ol baret long pasim dispela graun taim ren i pundaun na stat long rausim dispela graun moa yet, **2)** Namba tu, yu mas planim sampela diwai na gras long sait bilong maunten bilong holim graun. Olsem na taim yu mekim dispela, ren i no save rausim graun moa.

**Orait, harim: i olsem long sait bilong spirit.** Yu olsem dispela maunten. Planti draipela baret (o sinpasin) i stap long laip bilong yu na mi. Rot bilong stretim laip bilong yu i olsem pasin bilong stretim graun bilong dispela maunten. Paslain yu mas pasim dispela pasin nogut (i olsem taim yu tok "Nogat" taim sinpasin i pulim yu). Namba tu samting yu mas mekim em dispela: yu mas planim sampela gutpela samting insait laip na tingting bilong yu long stretim laip bilong yu. **Dispela pikinini gras em wanem? Ating yu save! Em tok bilong God i stap insait long Baibel.** Yumi mas putim planti Baibel ves insait het bilong yu na tingting

planti long ol dispela ves, sapos yu laik stretim laip bilong yu. Sapos yu mekim olsem, taim ren i pundaun (tok piksa, olsem sin i wok long pulim yu) i no inap bagarapim yu!

8. **NARAPELA SAMTING: YUMI MAS BILIP OLSEM YUMI BIN DAI PINIS LONG SINPASIN** - **Rom. 6:1-23**. Ating em i gutpela samting tru sapos yu putim (memorisim) dispela sapta na putim insait het bilong yu.

9. **WANPELA BIKPELA ASKIM MOA: "WANEM LONG OL SIN MI NO INAP WINIM?"** **Ansa: I no gat wanpela sin yumi no inap winim! - 1 Korin 10:13**. Taim yumi no winim sinpasin, i no "Mi no inap." Nogat tru. Em i olsem: "Mi no laik mekim." Long tok Inglis, It's not a matter of "*I can't*," but rather, "*I won't*." Taim yu pundaun long sampela sin, em asua bilong yu yet! God i bin givim yumi strong long winim olgeta kain sin. Tasol yu mas tok "Nogat" long dispela, na bihainim gutpela pasin! Dispela ves i skulim yumi long foapela gutpela samting:

1. **YUMI NO "WANPIS" TAIM YUMI PAIT WANTAIM KAIN KAIN TRAIM!** Dispela ves i tok olsem: "Ol traim i bin kamap long yupela, ol i no ol narakain traim. Nogat. Ol i wankain olsem ol traim i save kamap long olgeta man." Planti taim yumi ting olsem, "Mi tasol, mi pait wantaim dispela kain traim, na i no gat narapela man i bin bungim dispela kain traim olsem mi yet bin bungim!" Tasol, nogat tru! Planti arapela manmeri i bin pait wantaim kain traim yu bin bungim. Olsem na taim yu save long dispela, em bai strongim bel bilong yu!
2. **AS BILONG WINIM SIN EM PROMIS BILONG GOD YET!** Dispela ves i tok olsem: "Mi save bihainim tok bilong mi!" (Long tok Inglis: "God is faithful!"). Olgeta promis bilong God i tru olgeta! Olsem na yu no ken lus tingting long dispela!
3. **GOD I NO LARIM BIKPELA TRAIM TUMAS I KAM LONG YU!** God em i save long strong bilong yu, olsem na em i no larim wanpela traim i strong tumas long traim yu. Nogat tru! Dispela em i promis bilong God!
4. **DISPELA VES I SKULIM YUMI LONG WANPELA SAMTING MOA: OLGETA TRAIM EM BAI PINIS!** God i gat planti rot bilong pinisim traim yu bungim. God i ken rausim dispela traim. O Em i ken givim strong long winim dispela traim. O em i ken singautim yumi na karim yumi long heven. O em i ken mekim narapela rot long pinisim dispela hevi. Bikpela em i gat kain kain samting em i ken mekim! Olsem na taim yu save traim na hevi i gat pinis, dispela bai strongim bel bilong yu. Yu no ken surik. God bai pinisim olgeta hevi na traim yu bungim! Dispela em i tru, na yu no ken lus tingting long dispela!